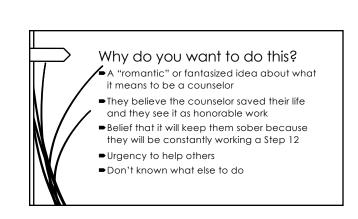
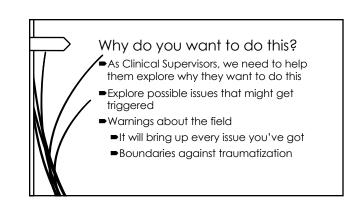




Why do you want to do this? Often, when a person is in early recovery they naturally question their life and the meaning of their life This can include occupation Or, on a deeper level, they may never have been developmentally able to establish an identity, so this identity becomes very appealing to them Still trying to work out Family of Origin issues

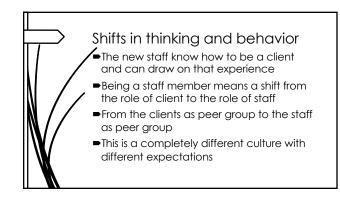


Why do you want to do this? If any of the above reasons are why they're getting into the field, then they are doing it to get their own needs met It doesn't mean they can't enter the field, it just means they need lots of supervision and possibly therapy Unresolved issues can lead to poor choices, which can lead to boundary violations, which can lead to ethical violations

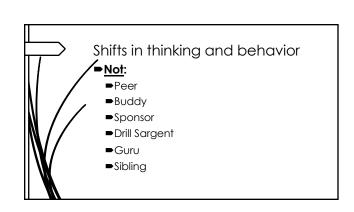


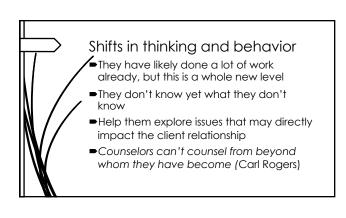
Shifts in thinking and behavior

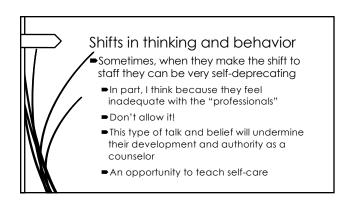
- When a client moves into a staff position there is a shift in the person's role, duties, and expectations
- If the change is not managed, the new staff may overidentify with the clients which would cause boundary issues
- Or, they may think they know more than they do because they've been a client



Shifts in thinking and behavior From: Being served to serving Rule follower to rule enforcer Student to colleague Using the staff as container of your process to being the container of the process From having staff "heroes" to being one



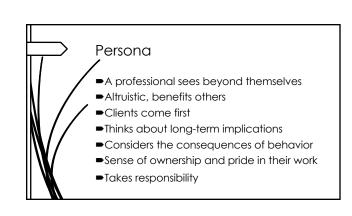


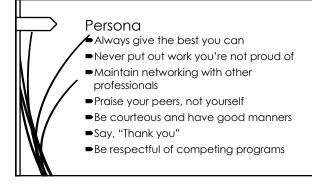


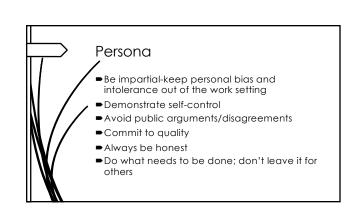


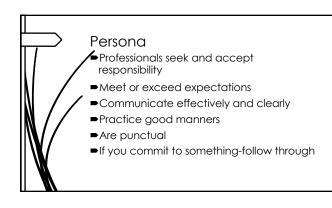


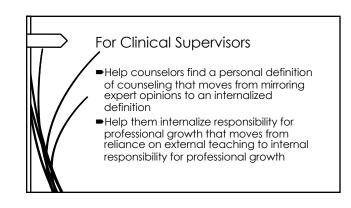


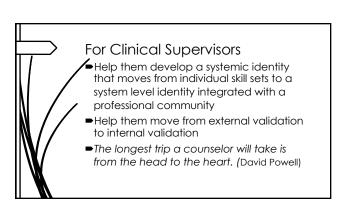


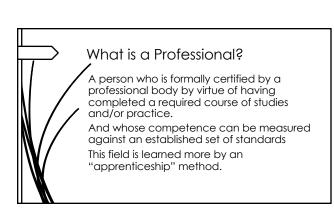




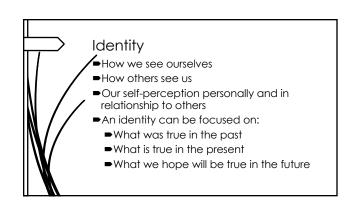












Ider

Identity

- ■We can also focus our identity around what we feel obligated to become or fear we may become
- Our identity is orienting
- ■It provides a lens for meaning and a focus for our attention and activity



Identity

- Identity involves adopting a set of values and ideals
- We can experience changes and reevaluate our identity in order to fit into our environmental experiences
- ■But, if we change our behavior in a way that is different to how we see ourselves, it will result in an identity crisis

Professional Identity

- Professional Identity is not only our selfperception personally and in relationship to others, but . . .
- ■An added dimension of how we see ourselves in relationship to our clients and our colleagues
- ■The integration of professional training with personal attributes in the context of a professional community



Professional Identity

■Integration of the roles, duties, expectations, and ethics of a professional combined with the values, ideals, and perceptions of our personal selves



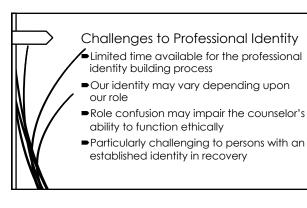
Professional Identity

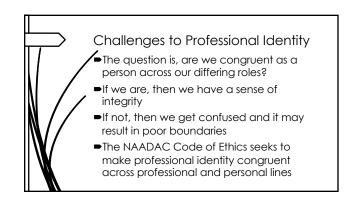
- ■Is critical to the counselor's sense of self
- It is about connecting with our role, responsibilities, values and ethical standards
- ■If we are unable to articulate these clearly then we haven't really developed our identity as a counselor
- ■If our behavior is incongruent with our beliefs we experience identity confusion



Professional Identity

- As with our personal identity, Professional Identity evolves over time and is influenced by a number of variables
- ■We cannot expect full identity development early in the process of becoming a counselor





Boundaries Effective practice depends upon a clear identity as a counselor and A clear understanding of our professional roles Unresolved issues will lead to poor choices and poor boundaries Poor boundaries reinforce destructive beliefs and behaviors and negatively influence the therapeutic relationship

